



SPORTS PROGRAM AGES 3 1/2-5

Session 1:	June 28–July 16	noon–3:00	\$510	or	noon–5:00	\$835
	<i>No Camp on Monday, July 5</i>					
Session 2	July 19–August 6	noon–3:00	\$545	or	noon–5:00	\$900

The Early Childhood Sports Program is designed to enhance physiological development and promote enthusiasm for physical activity for the pre-kindergarten/kindergarten child. Motor skill development and growth are the goals of this program through active play and instruction, which take place through the use of activities and lead-up games for team sports. Campers participate in one or two sports activities each hour under the direction of group counselors and sports-specific instructors for basketball, Tee-ball, and soccer. The schedule of activities varies daily and includes: running games, basketball, spongepolo, Tee-ball, kickball, relay races, parachute games, dodgeball, water play, and more.

Campers are grouped by age into small groups (approximately 8 children) under the supervision of qualified counselors. Time is set aside each day for rest, snacks, drinks and bathroom breaks.

Optional Swimming Program (additional \$80 per session) The Optional Swim portion of the Early Childhood Sports Program is available to campers attending the noon–3pm, as well as the noon–5pm Sports Program. Campers are scheduled to swim four times during the three-week session. Campers are taken on school busses with certified drivers to the Sprain Ridge Pool in Hastings-on-Hudson for recreational, not instructional, swim in wading pools two feet deep. For safety reasons and optimal supervision, all campers are considered non-swimmers. Concordia Day Camp certified lifeguards and the Assistant Sports Director supervise swimming. On swimming days, campers are expected to wear their bathing suits and bring their own towel to camp. Children who choose not to go swimming will participate in other supervised sports activities on the Concordia campus. If it is raining on a scheduled swim day, the campers are taken bowling.

Bowling: All Sports campers will go bumper-bowling at least once during each three-week session at Homefield Bowl in Yonkers.

Harris Transportation provides yellow school bus transportation with certified drivers for the swimming and bowling elements of the Sports Program. Counselors accompany campers on the bus to and from swimming and bowling.

Lunch is provided in the College Commons (cafeteria), where the campers will eat with their counselors. Meals include: pizza, chicken, hamburgers, macaroni & cheese, tacos, hot dogs, cream cheese & jelly (peanut butter is no longer served), or American cheese sandwiches. A fresh salad bar is always available, along with fruit and beverages. A mid-afternoon snack of juice & cookies, sun-chips, goldfish, ice pops or pretzels, etc. is also provided. A menu schedule will be sent home.

Staff: All activities are facilitated and supervised by qualified/trained counselors (age 18–25). Counselors-in-Training (CITs age 15–17) assist each counselor with the group.

- Children will be grouped by their birthdays, not by the grade they will be entering in September.
- Children must have completed one year of Nursery school, must have reached the age of 3 on or before December 31, 2009.
- Children must be completely toilet-trained.